

January 2026

January 2026							February 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	8	9	10	1	2	3	4	5	6	7
11	12	13	14	15	16	17	8	9	10	11	12	13	14
18	19	20	21	22	23	24	15	16	17	18	19	20	21
25	26	27	28	29	30	31	22	23	24	25	26	27	28

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Dec 28	29	30	31	Jan 1, 26	2	3
Dec 28 - Jan 3					HAPPY NEW YEAR!	NO CLASS TODAY	
Jan 4 - 10	4	5	6 9:00am Yoga All Levels 10:45am Gentle Yoga 12:00pm 1ST Tuesday Meditation 4:30pm Gentle Yoga - A	7 12:15pm Yoga All Levels -A	8 9:00am Yoga All Levels 10:45am Gentle Yoga	9 9:00am YOGA FLOW - A	10
Jan 11 - 17	11	12	13 9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	14 12:15pm Yoga All Levels -A	15 NO CLASSES TODAY	16 9:00am YOGA FLOW - A	17
Jan 18 - 24	18	19	20 9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	21 12:15pm Yoga All Levels -A	22 9:00am Yoga All Levels 10:45am Gentle Yoga	23 9:00am YOGA FLOW - A	24
Jan 25 - 31	25	26	27 9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	28 12:15pm Yoga All Levels -A	29 9:00am Yoga All Levels 10:45am Gentle Yoga	30 9:00am YOGA FLOW - A	31