

# March 2026

March 2026

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026

Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	1	2	3	4
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 1 - 7	<b>Mar 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
			9:00am Yoga All Levels 10:45am Gentle Yoga 12:00pm 1st Tuesday Meditation \$5 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	
Mar 8 - 14	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	
Mar 15 - 21	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
			NO MORNING CLASSES 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	HF Bar Saddlestring WY September 11-13 WHOLENESS RETREAT
Mar 22 - 28	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	NO YOGA TODAY	
Mar 29 - Apr 4	<b>29</b>	<b>30</b>	<b>31</b>	<b>Apr 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A				