

March 2026

March 2026							April 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14				5	6	7	8
15	16	17	18	19	20	21				12	13	14	15
22	23	24	25	26	27	28				19	20	21	22
29	30	31								26	27	28	29

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 1 - 7	Mar 1	2	3	4	5	6	7
			9:00am Yoga All Levels 10:45am Gentle Yoga 12:00pm 1st Tuesday Meditation \$5 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	
Mar 8 - 14	8	9	10	11	12	13	14
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	
Mar 15 - 21	15	16	17	18	19	20	21
			NO MORNING CLASSES 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	HF Bar Saddlesting WY September 11-13 WHOLENESS RETREAT
Mar 22 - 28	22	23	24	25	26	27	28
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	NO YOGA TODAY	
Mar 29 - Apr 4	29	30	31	Apr 1	2	3	4
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A				