

April 2025

April 2025							May 2025						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
6	7	1	2	3	4	5	4	5	6	7	1	2	3
13	14	8	9	10	11	12	11	12	13	14	8	9	10
20	21	15	16	17	18	19	18	19	20	21	15	16	17
27	28	22	23	24	25	26	25	26	27	28	22	23	24

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 30 - Apr 5	Mar 30	31	Apr 1	2	3	4	5
			9:00am Yoga All Levels 10:45am Gentle Yoga 12:00pm 1st Tuesday Meditation \$5 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	
Apr 6 - 12	6	7	8	9	10	11	12
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	9:00am YOGA FLOW - A	
Apr 13 - 19	13	14	15	16	17	18	19
			9:00am Yoga All Levels - A 10:45am Gentle Yoga - A 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	NO CLASSES TODAY	9:00am YOGA FLOW - A	
Apr 20 - 26	20	21	22	23	24	25	26
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A	9:00am Yoga All Levels 10:45am Gentle Yoga	NO YOGA FLOW	
Apr 27 - May 3	27	28	29	30	May 1	2	3
			9:00am Yoga All Levels 10:45am Gentle Yoga 4:30pm Gentle Yoga - A	12:15pm Yoga All Levels -A			